

Adult Snoring Surgery

VERSION CONTROL

Version:	1.0
Ratified by:	Governing Body Meetings in Common
Date ratified:	20 March 2019
Name of originator/author:	Policy Development Group/NHS England
Name of responsible committees:	Clinical Quality and Governance Committee
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VERSION HISTORY

Date	Version	Comment / Update
20 March 2019	1.0	Approved by the Governing Body meetings in common.

Commissioning policy: Coventry and Rugby CCG (CRCCG)

Evidence-Based Intervention Commissioning policy

Adult Snoring surgery

Treatment	Adult Snoring Surgery (in the absence of Obstructive Sleep Apnoea (OSA))
Indication	Snoring
Background	It is on the basis of limited clinical evidence of effectiveness, and the significant risks that patients could be exposed to, this procedure should no longer be routinely commissioned in the management of simple snoring.
Commissioning position	Surgery for snoring is not funded <u>Alternative Treatments</u> There are a number of alternatives to surgery that can improve the symptom of snoring. These include: <ul style="list-style-type: none">• Weight loss• Stopping smoking• Reducing alcohol intake• Medical treatment of nasal congestion (rhinitis)• Mouth splints (to move jaw forward when sleeping)
Diagnostic and Procedure Codes	F324, F325, F326
Equality Impact	See NHS England Equality and Health Inequalities – Full Analysis Form