

Injections for Non-specific Back Pain without Sciatica

VERSION CONTROL

Version:	3.0
Ratified by:	Governing Body Meetings in Common
Date ratified:	20 March 2019
Name of originator/author:	Joint CCG Clinical Commissioning Policy Development Group/NHS England
Name of responsible committees:	Clinical Quality and Governance Committee
Date issued:	1 April 2019
Review date:	March 2022

VERSION HISTORY

Date	Version	Comment / Update
May 2012	1.0	Version 1 for PCT, May 2012
April 2013	2.0	Version 2.0 amended for CCG and approved on 3 April 2013
March 2019	3.0	Approved by Governing Body meetings in common

Commissioning policy: Coventry and Rugby CCG (CRCCG)

Evidence-Based Intervention Commissioning policy:

Injections for Non-specific Back Pain without Sciatica

Treatment	Injections for Non-specific Back Pain without Sciatica
Indication	Low back pain
Commissioning Position	<p>Not funded</p> <p>Spinal injections of local anaesthetic and steroid should NOT be offered for patients with non-specific low back pain.</p> <p>For people with non-specific low back pain the following injections should NOT be offered:</p> <ul style="list-style-type: none"> • Facet joint injections • Therapeutic medial branch blocks • Intradiscal therapy • Prolotherapy • Trigger point injections with any agent, including botulinum toxin • Epidural steroid injections for chronic low back pain or for neurogenic claudication in patients with central spinal canal stenosis • Any other spinal injections not specifically covered above
Treatment:	<p>Radiofrequency denervation can be offered according to NICE guideline (NG59) if all non-surgical and alternative treatments have been tried and there is moderate to severe chronic pain that has improved in response to diagnostic medical branch block.</p> <p>Epidurals (local anaesthetic and steroid) should be considered in patients who have acute and severe lumbar radiculopathy at time of referral. Alternative and less invasive options have been shown to work e.g. exercise programmes, behavioural therapy, and attending a specialised pain clinic. Alternative options are suggested in line with the National Back Pain Pathway.</p>
Diagnostic and Procedure Codes	V544, A521, A522, A528, A529 <u>EBI</u> : A577, A735, V363, V368, V369, V382, V383, V384, V385, V386, V388, V389, V544, W903, G834, G551, M518, M519, M545, M549
Equality Impact	See NHS England Equality and Health Inequalities- Full Analysis Form