



HealthcareCovRugby



CovRugbyCCG

#WorldDiabetesDay #ProtectYourFamily
#Type2Diabetes #Type1Diabetes



LOCAL COMMUNITY CELEBRATION OF WORLD DIABETES DAY 2019

Sunday 10th November 2019 | 11.00am until 3.00pm
GNP Gurudwara, Harnall Lane, Coventry, CV1 4FB

NHS Coventry and Rugby Clinical Commissioning Group (CCG), Coventry Mercia Lions Club supported by BOPA (British Organisation for People of Asian Origin) have organised a Diabetes Awareness Event for the community on Sunday 10th November 2019 to mark this year's World Diabetes Day, Remembrance Day and Holy Guru Nanak Dev Ji's 550th Birth anniversary.

This year's Diabetes Day is themed as 'Protect Your Family' which is ideal for this type of community event where NHS services will be on hand from **11am until 3.00pm** at the GNP Gurudwara in Coventry to offer support and advice about how to access local support services in the area.

The event is open to anyone who wants to come along and have a chat with a healthcare professional about what Type 2 diabetes is, who is at risk, the signs and symptoms, myths and misconceptions and the complications associated with diabetes.

As well as NHS services being there, Dr Bhasha Mukherjee, a British Asian who now wears the crown of Miss England 2019 will also be at the event.

Dr Mukherjee has chosen her theme as "Tackling diabetes, involving youth" and this will be promoted and supported by her during her tenure as Miss England, 2019-20. She has very kindly agreed to join us on Sunday 10th November and will speak to the young members of the community.

The event will also be supported by Lord Lieutancy, Lord Mayor and Metro Mayor Mr Andy Street.

We look forward to meeting you!



OVER
50%
OF TYPE 2 DIABETES
IS PREVENTABLE



Diabetes is a serious long term health condition and many people in Coventry especially those from South Asian communities are at risk because of the diet and lifestyle that people lead. The Mercia Club want to tackle diabetes in local communities in Coventry and be part of the global celebration on "World Diabetes Day".

Coventry Mercia Lions Club is championing one of the key priorities of Lions Club District 105CW. In 1991, the World Health Organisation (WHO) and the International Diabetes Federation (IDF) partnered and created World Diabetes Day. www.worlddiabetesday.org

This was formalised on 20th December 2006 when the United Nations passed a resolution to designate 14th November as World Diabetes Day. This particular date was chosen as it marked Sir Frederic Banting's birthday - he discovered Insulin and used it for the first time on humans.

The Club has chosen Sunday 10th November at GNP Gurudwara because it is also a special day, "Nishan Sahib Day" this is when the Sikh community in Coventry will assemble to have their Annual Flag Hoisting ceremony. This is when the flag is changed and followers renew their pledge to follow teaching of Holy Sikh Gurus in their lives which also include taking responsibility for the mental as well as physical health and well-being of the followers.

For more information, please contact:

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