

Report To:	NHS Warwickshire North Clinical Commissioning Group and Coventry and Rugby Clinical Commissioning Group Meetings in Common
Report Title:	Public Health Update
Report From:	Rachel Robinson, Associate Director of Public Health
Date:	May 2018
Previously Considered by:	Executive Group

Action Required (<i>delete as appropriate</i>)							
Decision:		Assurance:		Information:	✓	Confidential	

Purpose of the Report:
To update the Governing Bodies on the Core Offer work programme from Public Health Warwickshire with Warwickshire North CCG and the Rugby Borough areas

Key Points:
The report includes updates on the following areas for information:
<ul style="list-style-type: none"> • Ready for School Pilot • Drug and Alcohol Service Redesign & Re-commissioning Process • Making Every Contact Count (MECC) Programme • Health Visiting & FNP Service Delivery • National Diabetes Prevention Programme • Warwickshire North Health and Wellbeing Partnership • #onething • Healthwatch • Child Sexual Exploitation (CSE) • Fitter Futures Falls pilot

Recommendation:
The Governing Body is requested to note this report

Implications							
Objective(s) / Plans supported by this report:	Business Plan 2015/16 Refresh and Forward View to 2020						
Conflicts of Interest:	Not applicable						
Financial:	Non-Recurrent Expenditure:	Not applicable					
	Recurrent Expenditure:	Not applicable					
	Is this expenditure included within the CCG's Financial	Yes		No		N/A	✓

	Plan? (Delete as appropriate)						
Performance:	Not applicable						
Quality and Safety:	Not applicable						
Equality and Diversity:	General Statement: The CCG is committed to fulfil its obligations under the Equality Act 2010, and to ensure services commissioned by the CCG are non-discriminatory on the grounds of any protected characteristics. Policies/decisions may need to be adjusted in line with any equality analysis or due regard. Any decision that is finalised without being influenced by appropriate due regard could be deemed unlawful.						
	Has an equality impact assessment been undertaken? (Delete as appropriate)	Yes (attached)		No		N/A	✓
Patient and Public Engagement:	Not applicable						
Clinical Engagement:	Not applicable						
Risk and Assurance:	Not applicable						

Public Health Update March 2018

Ready for School Pilot

This 'Ready for School?' pilot project has been designed to test the introduction of an electronic health needs assessment questionnaire targeting children aged 3-3.5 years, with the aim of using this intelligence to prioritise and tailor public health interventions in areas of need in order to ultimately improve school readiness. The pilot process also aims to build greater public health partnership work across early years settings and services. The pilot, which is being delivered by Compass, as one of the Smart Start funded projects, is taking place in Nuneaton, Bedworth and North Warwickshire only. The pilot will be evaluated with support from Coventry University, and results will be shared in early 2018. A multi-agency working group has been established to oversee and drive this project forward.

Drug and Alcohol Service Redesign & Re-commissioning Process

The current contracted service for substance misuse comes to an end on 30th March 2018. The proposals for the new service include significant changes both to the model of delivery and the financial commitment that supports the countywide service. Since the service was last commissioned in 2011 there has been a significant change in the prevalence and demand for drug and alcohol support services, with new and emerging substance misuse patterns and an increasing number of people with complex needs. Over the next 9 months the service will be recommissioned with the new service starting from 1st April 2018.

Update

Following an extensive service redesign, county-wide consultation, engagement and re-tendering process, the following countywide drug and alcohol service contracts have been awarded for three years commencing 1 May 2018:

- Children and Young Persons' Drug and Alcohol Service - Compass
- Adult Drug and Alcohol Service and All Age Recovery Network - Change Grow Live (CGL)
- Warwickshire has its own local, community-based drug and alcohol rehabilitation service. The development was supported by a Public Health England Grant and a contribution by Warwickshire County Council. The scheme was developed and is led by one of our existing providers, Experience, Strength and Hope (ESH).
- Two supplier frameworks have been developed for:
 - Residential Rehabilitation supplier framework
 - Inpatient Detoxification with 7 new providers being successful.
- By having two supplier frameworks this ensures service users have more continuity of support with potentially one provider offering both Inpatient Detoxification and Residential Rehabilitation programmes. A supplier framework will provide both organisational and customer benefits in terms of more competitive pricing, value for money, better quality and wider service user choice.

These details are available on the Warwickshire website from 1st May 2018

<https://www.warwickshire.gov.uk/alcohol>

Health Visiting & FNP Service Delivery

New Health Visiting Service contract awarded to SWFT. We are currently in a period of 'mobilisation', with the new contract went live on 1 April 2018.

Making Every Contact Count (MECC) Programme

Public Health Warwickshire has recently redesigned their MECC programme. This is in response to feedback both nationally and locally that staff working outside of the NHS find it difficult to raise the traditional lifestyle messages that are included within the MECC training around smoking, physical activity, diet and weight management. The new training programme (e-learning and face-2-face training) is for staff and volunteers working with vulnerable people or people living in difficulty to deliver broader health and wellbeing messages that are appropriate to the clients and relevant to the clients situation such as healthy lifestyles, fuel poverty, falls prevention, debt management.

Update

MECC implementation is progressing well. In 2017/18, 652 staff completed MECC E-learning and 17 face-2-face training sessions were held. MECC has been implemented in several of the large public sector organisations in Warwickshire including Warwickshire County Council, Warwickshire Fire & Rescue Service, South Warwickshire NHS Foundation Trust, George Elliot Hospital, Nuneaton & Bedworth Borough Council and North Warwickshire Borough Council. There are plans to continue this roll out with the other NHS Trusts, District & Borough Councils, Housing Associations and WCAVA. There will also be a focus on implementing MECC in WCC Social Care Providers.

National Diabetes Prevention Programme

The NHS Diabetes Prevention Programme is part of the national programme which by 2020 is expected to provide support to 100,000 individuals each year. Patients at risk diabetes who are referred to the service will receive tailored, personalised support to reduce their risk of Type 2 diabetes including education on healthy eating and lifestyle, help to lose weight and physical exercise programmes, all of which together have been proven to reduce the risk of developing the disease.

Update

ICS has been awarded the contract to provide the group sessions. A small number of trailblazer practices have been identified who will refer patients through their GP or nurse, or an NHS Health Check professional to ensure the referral process is fit for purpose. After completing an initial one-to-one assessment, the patient will attend regular group sessions with a trained health and wellbeing coach who will advise the groups on healthy eating, help them to take more physical exercise and support them to maintain their lifestyle changes in the long term. A mobilisation Steering Group has representation from ICS , NHSE , WCC Public Health, CRCCG , WNCCG and SWCCG.

Warm and Well in Warwickshire /Fuel Poverty

Warm and Well in Warwickshire programme offers advice and support to residents who may be living in fuel poverty and struggling to heat their homes to help them to stay well in winter. Living in a cold home can negatively impact on peoples health and wellbeing, especially for those with long term health conditions, the elderly and very young. Warm and Well in Warwickshire is delivered by our commissioned provider Act on Energy. Their services includes a freephone helpline for all Warwickshire residents offering advice and information on energy saving, switching, tariffs, benefits, and referrals for energy efficient insulation, boiler repair/replacement and other physical measures to those who are eligible. Also includes training to front line staff to help them identify the signs of fuel poverty. Other strategic work includes performance managing the Act on Energy contract.

Update

In addition to seasonal Warm and Well Activities, Cabinet at WCC have now approved recommendations related to running a Switch and Save campaign across Warwickshire - there will be 3 campaigns a year for 2 years. Public Health are supporting the campaign from the perspective of promoting it, links with key partners. Further, Act on Energy (providers of Warm and Well in Warwickshire currently) are supporting the campaign, by providing phone registration and face to face registration opportunities, for those who wish to switch.

Child Sexual Exploitation (CSE)

Child Sexual Exploitation (CSE) is a relatively new problem, because until recently CSE was a hidden issue. However a number of high profile cases have exposed CSE as a serious problem across the UK and one of the more complex issues faced by local communities, including those across Warwickshire. As such CSE presents public health, alongside other strategic and frontline agencies with a number of challenges. It is clear that system-wide multi agency approaches are required to tackle CSE and Public Health has a range of opportunities to strengthen the development and delivery of local responses. In this context Warwickshire Public Health have been working with PHE and other partners in the West Midlands to develop the Public Health 'offer' in supporting local work to effectively tackle CSE. This work culminated in the development of a CSE self-assessment framework that was approved by the West Midlands Association of Directors of Public Health and has now been shared with all Public Health departments in the West Midlands. The assessment is designed to enable local Public Health teams to identify current good practice, address gaps in the Public Health response to CSE, and support a coordinated approach to common challenges across the region. In the context of this self-assessment framework members of the Public Health team in Warwickshire have been working with colleagues in the CSE team to identify priorities for action across the county. Work is underway to better understand the practice of front-line health professionals in relation to CSE (see project below) and to review how the need to address CSE is specified, monitored and reviewed in Public Health commissioned services. This work supplements the contribution Public Health makes to WSCB's CSE and Missing subgroup which is a multi-agency partnership group that continually reviews and refines the strategic and operational responses to CSE across the county.

Update

Online Surveys for Safeguarding leads health service staff and pharmacies have been circulated to public health commissioned services and relevant NHS services. Plans for a prospective data collection with the same providers are underway with this process starting on April 9th.

Warwickshire North Health and Wellbeing Partnership

Warwickshire North Health and Wellbeing Partnership was formally established in 2012 to ensure local delivery of the Countywide Health and Wellbeing Strategy. The group meets bi-monthly and comprises elected members and officers from Nuneaton and Bedworth and North Warwickshire Borough Council's, NHS Warwickshire North Clinical Commissioning Group, Warwickshire CAVA and Warwickshire County Council. Using the JSNA to identify and prioritise the needs of the North Warwickshire population, in 2012 the partnership agreed it's local Strategy and vision for 2012-15. This was updated in 2016. The strategy outlines not only the needs and vision for Warwickshire North population but translates this into local, practical action delivered in partnership within priority communities. The Partnership is supported by a governance structure to deliver the work programme and outcome measures to monitor progress.

Update

A development event was held in April, to explore the local appetite for expanding our Warwickshire North Health and Wellbeing Partnership to include care providers. The event was looking to evolve our local established partnership to integrate our working more closely with our providers and other local partners to deliver improved Health and Wellbeing for Warwickshire North's population. Also to consider if, or how, this might form one element in the evolution of a future integrated care system for Coventry and Warwickshire. The event was facilitated by John Bewick. At the meeting partners agreed to expand the membership and some core areas of work for the local partnership moving forward. The next meeting will be in June. The same approach will now be replicated in Rugby

#onething

The #onething campaign engages the population of Warwickshire North to highlight: - The facts of Cardiovascular disease (CVD); - The increase in preventable early deaths caused by CVD (notably in women in North Warwickshire Borough region); - The simple yet very effective ways of detecting the early signs via mini-health checks; - The simple actions in preventing CVD. The #onething campaign is working in partnership with the the Healthy Living Network to offer mini health checks within a community / public environment. Following the mini-health check the people are encouraged to make a pledge to change one thing which will improve their health and take a photo of holding their pledge. They are then supported over a 6 month period using nudge messages to stick to their pledge and offer information and guidance on who can support them achieve their goals. The project launched in 2015 where it has had a presence in shopping parades, Fun Runs, town on market days, community events and celebration days. More info can be found here: youronething.co.uk

Update

The #onething service has been commissioned to the Healthy Living Network (HLN) to deliver the campaign as well as mini health checks across Warwickshire North, Nuneaton & Bedworth, and Rugby for 18 months with a vision to embed the service into the fitter future contract. To date the service had: 1170 pledges to improve lifestyles 2043 mini health checks 555 people referred to their GP for further investigation 18% referred for high blood pressure 12% referred for high blood sugar

Healthwatch Warwickshire (Local Healthwatch Service)

Healthwatch is a mandatory service and exists in two forms, Healthwatch England and local Healthwatch. Healthwatch England are the independent consumer champion for health and social care. Their job is to make sure that those who run local health and care services, understand and act on what really matters to people. Local Healthwatch services exist in every local authority area. Warwickshire County Council (WCC) Public Health, currently commission local Healthwatch in Warwickshire (Healthwatch Warwickshire). They are an independent organisation and key functions include gathering the local views and experiences of patients and the public, sharing these experiences appropriately and providing information and advice. Their role is to translate the views and experiences of the public and use this intelligence to strategically influence health and social care services in Warwickshire.

Update

Following a county-wide consultation, engagement and re-tendering process, Warwickshire County Council (WCC) is pleased to announce that Healthwatch Warwickshire has been awarded the local Healthwatch service contract.

Mitigating First Falls in Older People

WCC Public Health, Warwickshire CCG's, WCC social care and other partners are working together to review falls pathways across Warwickshire including supporting the Warwickshire population to minimise their risk from having a first fall. A pilot project is running with 6 pharmacies in Rugby and Nuneaton and Bedworth, to identify people who may be at risk from a first fall if they are age 55 or over and have a medical condition or are on medication that makes them at risk of a first fall. In the first month of the pilot, 59 Warwickshire residents agreed to be assessed by their local pharmacist. 6 of these people went on to take up a strength and balance programmes through Fitter Futures Warwickshire. The pilot is being evaluated by Coventry University and will end on 31st August 2018. The findings from the evaluation will inform future service design.