



CHECK IN

At Your
Doctors



CHECK UP

On Your
Health



CHECK OUT


Your Health
Action Plan



Do you have a Learning Disability?

Are you aged 14 years or older?

Have you had Your Annual Health Check? Speak to a member of staff at your doctor's surgery.

 For general information and awareness training on Annual Health Checks contact Grapevine at:

 thehealthteam@grapevinecovandwarks.org

 www.grapevinecovandwarks.org/what-we-do

**Stay Happy and
Healthy, Head to Toe!**

